

PRESS RELEASE - FOR IMMEDIATE RELEASE:

New Osteopath Clinic Opens in South London

Osteopath Direct launches in Elephant & Castle

September 2009, London: A new Osteopathic clinic has opened in South East London to provide care to patients in Elephant & Castle, Kennington and the surrounding areas.

The new clinic, which is based in Elephant & Castle, offers effective treatments for a range of muscular pain and dysfunction and is led by Luke Dillon, an experienced practitioner who trained at the British School of Osteopathy.

Luke uses a combination of techniques at the new practice and has experience in treating patients of all ages. In addition to effective treatment, he places a great emphasis on helping and advising patients regarding their work-life, sleeping postures, diet and exercise.

Luke Dillon said: "Osteopathy is an increasingly important form of healthcare, so we are delighted to be bringing good quality Osteopathic care to both residents and workers within Elephant & Castle, Kennington and South East London."

Care provided at the clinic includes the treatment of neck and back pain, joint pain, sports injuries, repetitive strain injuries and work place injuries, postural problems, effects of trauma such as whiplash, plus headaches and symptoms of chronic conditions such as asthma and osteoarthritis.

Luke Dillon is registered with the General Osteopathic Council and a member of the British Osteopathic Association and London Osteopathic Society.

Web: www.osteopathdirect.co.uk

Email: info@osteopathdirect.co.uk

Telephone: 0843 28 98 848 / 07956 453 993

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Notes for editors:

What is Osteopathy?

Osteopathy is a primary care profession, focusing on the diagnosis, treatment, prevention and rehabilitation of musculoskeletal disorders, and the effects of these conditions on a patient's general health.

Osteopathy is based on the principle that the body has the ability to heal, and osteopathic care focuses on strengthening the musculoskeletal systems to treat existing conditions and to prevent illness. Osteopathy is very effective at resolving aches, pains and injuries because it looks at the causes of a problem. It is an Osteopath's aim to prevent a problem or injury from recurring by identifying and removing the original cause of the problem.

What do Osteopath's treat?

Osteopaths are capable of treating a wide range of musculoskeletal conditions and the effects these conditions have on the body. These include common aches and pains due to strains, falls and overuse, as well as the more long-term back and neck problems. It can often alleviate the problems associated with stress and tension including chronic headaches. Osteopathy can help with the following conditions (this list is not exhaustive): Low back pain, which may or may not include sciatica; Neck and upper back pain; Peripheral joint pain (shoulder, elbow, wrist, hand, hip, knee and foot problems); Sports injuries; Repetitive strain injuries/work place injuries; Postural problems; Stiffness associated with 'wear & tear'; Effects of trauma. E.g. whiplash; Jaw pain; Headaches; Musculo-skeletal symptoms associated with chronic conditions. E.g. Asthma, osteoarthritis

For further press information contact:

info@osteopathdirect.co.uk

Tel: +44 844 9919 123